43. During the last two weeks, have you struggled to stay awake (fought sleep) or fallen asleep in the following situations? (Mark one answer for every item.)

- Both struggled to stay awake and fallen asleep
- Struggled to stay awake
- Fallen asleep

- in a face-to-face conversation with another person? ........................................... O O O O
- traveling in a bus, train, plane or car? ........ O O O O
- attending a performance (movie, concert, play)? .................................................. O O O O
- watching television or listening to the radio or stereo? ........................................... O O O O
- reading, studying or doing homework? ........ O O O O
- during a test? ........................................... O O O O
- in a class at school? ........................................... O O O O
- while doing work on a computer or typewriter? .................................................. O O O O
- playing video games? ........................................... O O O O
- driving a car? ........................................... O O O O

Do you drive?  O Yes
O No

44. During the last two weeks, how often did you ... (Mark one answer for every item.)

Every day
Several times every day
Once or twice a day
Never

a. drink soda with caffeine [like Coke, Pepsi; not like root beer, orange soda or Sprite]? .... O O O O
b. drink coffee or tea with caffeine? ........ O O O O
c. use tobacco? [cigarettes, cigar, chewing tobacco, etc.]: ........................................... O O O O
d. drink alcohol [beer, wine, liquor]? ........ O O O O
e. use drugs [like marijuana, cocaine]? ........ O O O O

please specify type:

45. In the last two weeks, how often have you ... (Mark one answer for every item.)

- Never
- Once
- Twice
- Several times
- Everyday/night

a. felt satisfied with your sleep? ............ O O O O
b. arrived late to class because you overslept? ........................................... O O O O
c. fallen asleep in a morning class? .... O O O O
d. fallen asleep in an afternoon class? .... O O O O
e. awakened too early in the morning and couldn't get back to sleep? ............ O O O O
f. stayed up until at least 3 a.m.? ............ O O O O
g. stayed up all night? .......................... O O O O
h. slept in past noon? .......................... O O O O
i. felt tired, dragged out, or sleepy during the day? ........................................... O O O O
j. needed more than one reminder to get up in the morning? .................................. O O O O
k. had an extremely hard time falling asleep? ........................................... O O O O
l. had nightmares or bad dreams during the night? ........................................... O O O O
m. gone to bed because you just could not stay awake any longer? .................... O O O O
n. done dangerous things without thinking? ........................................... O O O O
o. had a good night's sleep? .................... O O O O

46. During the last two weeks, how often were you bothered or trouble by the following?

Much
Somewhat
Not at all

a. Feeling too tired to do things ............ O O O O
b. Having trouble going to sleep or staying asleep ........................................... O O O O
c. Feeling unhappy, sad, or depressed ........................................... O O O O
d. Feeling hopeless about the future ........................................... O O O O
e. Feeling nervous or tense ........................................... O O O O
f. Worrying too much about things ........................................... O O O O