47. Imagine: School is cancelled! You can get up whenever you want to. When would you get out of bed? Between:
   - 5:00 and 6:30 a.m.
   - 6:30 and 7:45 a.m.
   - 7:45 and 9:45 a.m.
   - 9:45 and 11:00 a.m.
   - 11:00 a.m. and noon

48. Is it easy for you to get up in the morning?
   - No way!
   - Sort of.
   - Pretty easy.
   - It's a cinch!

49. Gym class is set for 7:00 in the morning. How do you think you'll do?
   - My best!
   - Okay.
   - Worse than usual.
   - Awful!

50. The bad news: You have to take a two-hour test. The good news: You can take it when you think you'll do your best. What time is that?
   - 8:00 to 10:00 a.m.
   - 11:00 a.m. to 1:00 p.m.
   - 3:00 p.m. to 5:00 p.m.
   - 7:00 p.m. to 9:00 p.m.

51. When do you have the most energy to do your favorite things?
   - Morning! I am tired in the evening.
   - Morning more than evening.
   - Evening more than morning.
   - Evening! I am tired in the morning.

52. Your parents have decided to let you set your own bed time. What time would you pick? Between:
   - 8:00 and 9:00 p.m.
   - 9:00 and 10:15 p.m.
   - 10:15 p.m. and 12:30 a.m.
   - 12:30 and 1:45 a.m.
   - 1:45 and 3:00 a.m.

53. How alert are you in the first half hour you’re up?
   - Out of it.
   - A little dazed.
   - Okay.
   - Ready to take on the world.

54. When does your body start to tell you it's time for bed (even if you ignore it)? Between:
   - 8:00 and 9:00 p.m.
   - 9:00 and 10:15 p.m.
   - 10:15 p.m. and 12:30 a.m.
   - 12:30 and 1:45 a.m.
   - 1:45 and 3:00 a.m.

55. Say you had to get up at 6:00 a.m. every morning: What would it be like?
   - Awful!
   - Not so great.
   - Okay (if I have to).
   - Fine, no problem!

56. When you wake up in the morning how long does it take for you to be totally "with it"?
   - 0 to 10 minutes
   - 11 to 20 minutes
   - 21 to 40 minutes
   - More than 40 minutes

57. Would you say that your growth in height:
   - Has not begun to spurt ("spurt" means faster growth than usual)
   - Has barely started
   - Is definitely underway
   - Seems complete
   - I don't know

58. Would you say that your other signs of physical maturation:
   - Have not yet started to show
   - Have barely started to show
   - Are definitely underway
   - Seem complete
   - I don't know